

Detroit Recovery Project
Semi-Annual Evaluation Report
FY 2010-2011



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OUR MISSION

The mission of the Detroit Recovery Project is to strengthen, rebuild and empower communities affected by drug and alcohol addiction. Detroit Recovery Project supports underserved populations in identifying and resolving barriers to achieving a healthy and productive drug-free lifestyle.

VALUE STATEMENT

To Our consumers and collaborative partners, we stand by the "PIRFACT" value system: P= Professionalism; I=Integrity; R=Respectfulness; F=Flexibility; A=Accountability; C= Courtesy; and T= Trust.

We are committed to serving the community by providing professional exemplary standards of prevention, treatment and recovery services. Individuals participating in the programs of the Detroit Recovery Project Incorporated can expect a well-rounded program suited for individuals that are seeking recovery.

Our Brief History

In 2002, the Bureau of Substance Abuse Prevention, Treatment & Recovery funded the Partnership for a Drug Free Detroit, \$100,000 to begin a special project, entitled the Detroit Recovery Project.

After a year and a half of success in providing recovery services, DRP received its first federal funding from the Substance Abuse Mental Health Service Administration (SAMHSA), Center for Substance Abuse Treatment (CSAT) to be an official Recovery Community Support Program (RCSP) under the auspices of the Partnership for a Drug-Free Detroit when it received a four-year grant for \$1.2 million.

In July of 2005, DRP received its non-profit 501© 3 status, and became an independent non-profit organization in Detroit, Michigan.

Today, Detroit Recovery Project operates two Recovery Resource Centers, an Outpatient Treatment Facility, Recovery Homes and provides various other Recovery Oriented Services. With a future dedicated to expanding access to recovery supports, the Detroit Recovery Project aims to bring recovery to metropolitan Detroit and worldwide.

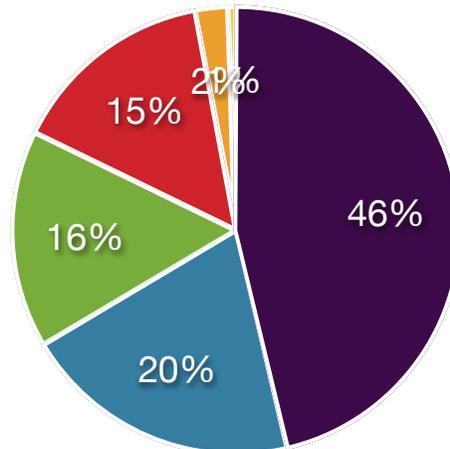
Detroit Recovery Project

The fiscal year, 2010-2011 has been one of change and forward movement. Detroit Recovery Project is a part of this phenomenon as we have developed expanded offerings to solidify our standing as this region's leader in recovery programming and services. DRP is here to continue to empower those in recovery and educate persons outside of that population. We have a team of coaches and peer specialists who see folk on a day-to-day basis and help them continue to make changes to sustain drug-free lifestyles. We are trailblazers in the community and have grown tremendously over the past five years; we vow to keep that momentum going as we continue to evolve and move forward in progress.

During this fiscal year, Detroit Recovery Project has continued to provide comprehensive Prevention, Treatment & Recovery services in the Detroit metropolitan area by opening new facilities, including the Trent Recovery Home for Men as well as the Westside Recovery Resource Center.

DRP is excited to report the growth of our programs, as evidenced in the chart below.

● RIY (315) ● PACT (137) ● Outpatient (107) ● COPE (101) ● Trent Home (16) ● WIRED (4)



"Many times clients come to us totally divested of self. They have been rejected, denied, demonized and don't have anything left on the inside with which to fight against addiction. We offer empathy, encouragement, and understanding."

Andre Johnson, President, Detroit Recovery Project

PREVENTION PROGRAMS



Drug Free Communities Grant: LOVE DETROIT YOUTH INITIATIVE

The Love Detroit Youth (LDY) Initiative is a Drug-Free Communities approach that utilizes community citizens and organizations via a collaborative effort in coalition building. Currently, the Love Detroit Youth Project is targeted in five Detroit Public Schools: Finney, Martin Luther King, Denby, Southeastern and Central High Schools. The main objective of the project is to utilize student/peers to spread anti-alcohol, tobacco and other drug messages to students throughout the five schools. A select number of volunteer student/peers are trained on delivering anti-drug campaign messages coupled

with administering a pre and post survey on four core measures: age of onset, usage patterns, and parent's approval/disapproval of drug use and the harmful effects of drug use.

Safe and sober community events are organized by the Coalition as well as school events with the five zip codes of the targeted schools to promote healthy lifestyles while facilitating the Street Team anti-drug campaign. This project also has a Public policy component that aims to enhance neighborhoods and businesses about decreasing alcohol, tobacco and other drug use among youths and improving the conditions of their environment. The Coalition and youths to examine compliance with laws surrounding merchant exposure to paraphernalia, loose cigarettes and signage conduct environmental scans and merchant scans. In addition, trash, graffiti and blight in neighborhoods.

The project is currently conducting the P.R.I.D.E. surveys in all five targeted schools to establish the baseline of social norms in Four Core Measures: Age of Onset, Amount of Usage, Parental Approval/Disapproval of ATOD use and Knowledge of Harmful Effects of ATOD. Upon the completion of the analysis of the baseline surveys, the famed Street Team will begin delivering its anti-ATOD use message to hundreds of Detroit youth.

Prevention is better than cure.

-Desiderius Erasmus



PACT: PREVENTION IN ACTIVE COMMUNITY TRANSITIONS

PACT continues to provide prevention, counseling, treatment services, and referrals for men that have been released from prison or jail in the last 24 months and reside in the City of Detroit. This program utilizes Coalition building as partners throughout the city in addressing the epidemic ills of HIV. Approximately 137 clients have received services through this initiative during this report period. All of the clients received HIV testing, counseling, case management services and referrals for treatment when needed. The administration of the Sexual Behavioral Risk Surveys has indicated consistent reduction in the rate of sexual risk for all clients that have received services. Seventy-nine clients are currently active in the program and approximately 300 case management referrals were made in the service of this population through DRP.

PACT currently has 31 Memorandums of Understanding with participating organizations, agencies and community leaders. Coalition meetings are held quarterly at the Westside Recovery Resource Center located at 1145 W. Grand Boulevard, Detroit, MI 48208.

HIV Fact: According to the CDC, in 2009, the **estimated number** of diagnoses of HIV infection in the 40 states and 5 U.S. dependent areas with confidential name-based HIV infection reporting was **42,959**.

TREATMENT PROGRAMS

CORS: Comprehensive Outpatient Recovery Services

This outpatient clinical approach uses Certified Clinical Therapists and Peer Recovery Coaches in order to provide Intensive Outpatient Co-occurring Therapy, Counseling and Recovery Services program. Approximately 465 unduplicated services to clients have been administered at the time of this report. One-hundred and seven (107) clients have been served through this program at the date of this report.

Each client receives a weekly Individual Session with his or her Therapist and a scheduled didactic group per week. Additional services that this program provides to clients include: MRS referrals, food vouchers, bus tickets, assisting with entitlements such as Identification cards, Driver's License, Social Security cards, GED and parenting classes. This program utilizes four Recovery Coaches. Of the 107 clients enrolled 62 of them self-report abstinence from drugs and/or alcohol since their inception to the program with average length of clean time exceeding 82 days for the total population.

| Number of Clients Seen | Average Length of Self-Reported Clean Time | Number of Services Rendered |
|------------------------|--|-----------------------------|
| 107 | 82 | 465 |

WIRED: Women In Recovery Enhancement Development Program

The Women In Recovery Enhancement Development (WIRED) is a 12 week recovery support focused Women's Specialty program currently accepting women with children.

The WIRED program is a 90-day recovery support focused Women's Specialty program, assisting pregnant women, women and their children, with sustaining long-term recovery from alcohol and other drug usage.

The WIRED program will recruit women with children, and pregnant women from the City of Detroit Bureau of Substance Abuse, Prevention, Treatment & Recovery, 36th District Drug Court, Wayne County Department of Human Services, City of Detroit Department of Human Services, and Michigan Department of Human Services.

Goals:

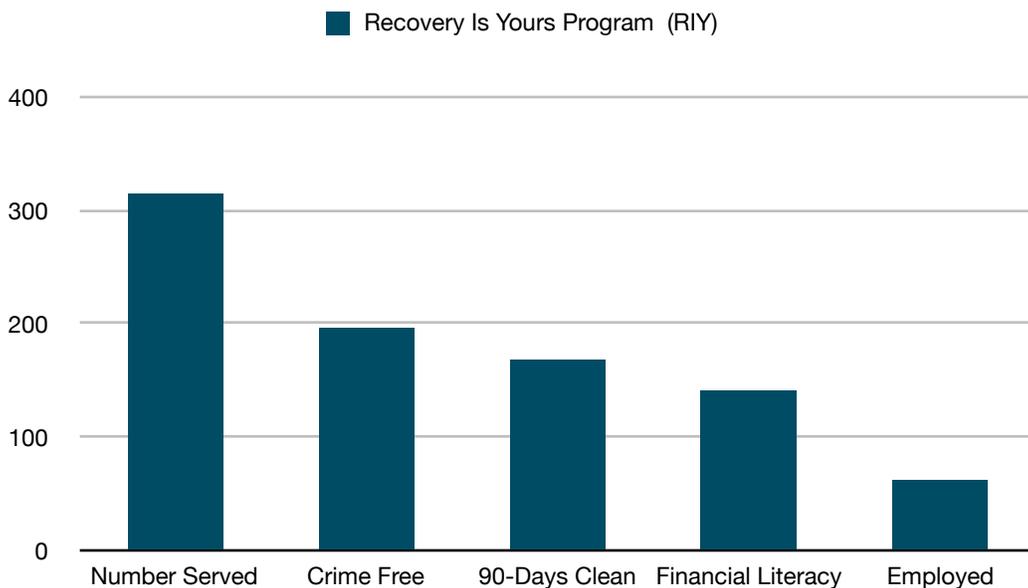
- To increase long-term recovery from alcohol & other substance usage
- To increase and enhance self-esteem
- To increase parenting skills

RECOVERY PROGRAMS

RIY: Recovery Is Yours

The new initiative “Recovery Is Yours” (RIY) utilizes Recovery Coaches to facilitate the prevention, treatment, sustenance and ongoing recovery of DRP clients. This program is the heart of the new recovery coaching approach that has proven high outcomes for stability and long-term abstinence in the early stages of recovery.

The RIY program currently services approximately three hundred fifteen (315) clients. One hundred ninety-six (196) of them are crime free without any current adjudication. One hundred sixty-eight (168) reported drug free abstinence for a period over 90 days. One hundred forty one (141) of them indicate an ample sense of financial literacy and economic responsibility while sixty-two (62) are engaged in gainful employment.



The RIY program offers a broad range of service including didactic groups through the day at the Recovery Resource Center. Clients receiving services through this program are open and encouraged to take advantage of services offered at the Recovery Resource Center while attending groups in: Computer Literacy, Job Readiness, Money Management Workshops, 12 Step Support Meetings, Men’s Support Group, Recovery Management Group, Ex-offender’s Group, Mentorship Dual Recovery Anonymous Group, GED Preparation Workshop, Women’s Recovery Management Group Health Education, Strengthening Recovering Families, social activities, life skills workshops, fellowship anonymous and transitional skills for living.

PEER RECOVERY COACHING

The Detroit Recovery Project has employed 13 Peer Recovery Coaches. The recovery coach program is an intensive, community-based, recovery support program for people who have entered an addiction treatment program or have been screened for treatment, but have been placed on a waiting list and recently released from our local treatment center network. The primary purpose of the recovery coach program is to help individuals in recovery achieve long-term recovery. Recovery coaches assist individuals in addressing multiple domains in their life that have been impacted by their substance use disorder, but are difficult to address within the structure of most addiction treatment programs, such as returning to employment or finding stable housing.

Recovery coaches assist individuals transitioning through the continuum of care (i.e., from detox to aftercare). Finally, recovery coaches help individuals sustain their recovery after the formal addiction treatment component has been completed through consultation, skills training, and, of course, coaching. DRP programs currently using Peer Recovery Coaches include: Co-Occurring Peer Empowerment (C.O.P.E.), Comprehensive Outpatient Recovery Services and Recovery Is Yours (R.I.Y.).



COPE: Co-occurring Peer Empowerment

The C.O.P.E. program utilizes Certified Peer Specialists to facilitate the APIC model and approach to assess, plan, identify and coordinating to the inmates of William Dickerson Detention Center and Wayne County Jail in order to transition back to the community. Approximately 42 different groups in a range of seven different topics were facilitated to 121 inmates totaling 1056 group attendees. Upon his or her release, each returning citizen is pre-enrolled for their need and choice of the full range of recovery services at the Detroit Recovery Project.

"Many times clients come to us totally divested of self. They have been rejected, denied, demonized and don't have anything left on the inside with which to fight against addiction. We offer empathy, encouragement, and understanding. Many of us have been at the same place and will not leave another sister or brother in recovery at their lowest point."

Andre Johnson, CEO

RECOVERY HOUSING: Trent Recovery Home for Men

The Trent Recovery Home for Men provides (post substance abuse treatment) housing, recovery resources and maintenance for men transitioning back and/or into family, community, education and the workplace. Services are provided through Detroit Recovery Project's continuum of care with emphasis on the Recovery Coaching facilitation of mentoring and guidance from long-term stable recovering Peers. Since the inception of the program, sixteen men have been admitted/resided at the home. Seven of the sixteen residents have moved on to semi and/or independent living while four of the seven have also secured employment. Eight of the residents successfully completed the program within the first six months. Future plans include expansion of the home in order to provide more beds for the high demand and need of programs and services of this nature.



A SUCCESS STORY: *Eddie Killing*

I entered Mariners Inn May 18, 2010, where I completed a ninety-day residential program. While a resident there, I gained tools and got honest with myself as to why I did drugs and finally accepted the program of Narcotic Anonymous. I was a group leader. I also applied for section 8, and petition the courts about the warrant I had for my arrest and was granted a new court date where that case was thrown out. I made and kept appointments to get complete physicals and was granted a clean bill of health. I also made dentist appointments and obtained oral treatment for healthy teeth and mouth. I also registered for school. Upon completion, I entered the Trent Recovery House for Men. As for my stay there, I was able to utilize recovery tools and ultimately gain more tools. I also was an Assistant House Manager under Frank Jones of Trent Recovery Home For Men. While under the mentorship of Frank, I put these tools into action. I also obtained my own apartment, and began school. As I continue on this journey, I remained grateful, thanking God for the men he has put in my life; thanking him for Mr. Andre Johnson and the obedience of the vision God gave him, for the mentorship of Frank and the pleasure of working with Mr. Kim. Looking forward in the near future, I will be employed with The Detroit Recovery Project. I take it one day at a time remembering to always stay grateful.

