



DETROIT RECOVERY PROJECT INC.

SUMMER NEWSLETTER 2017

DRP Reaches Teenage Years Stronger, More Agile

For over 13 years, Detroit Recovery Project has fought on the front lines against addiction. Before the Opioid epidemic hit mainstream America, DRP was on the local roads giving people the tools to defeat the demons of alcoholism, crack, heroin and prescription drug use.

DRP welcomes those willing to join with us to transform people's lives. We have to walk this path together. That's why DRP is committed to sustaining and accessing innovative treatment through strategic partnerships.

As you peruse this newsletter, you'll read about DRP's partnership with Everest Institute that provides employment for those who, because of their addictions, have been shut out of the job market. We've joined forces with Hegira to extend our reach into hospitals to help those who use the Emergency Room as a last resort to attain recovery.

Even further, DRP has partnered with AmeriCorps to train their students to become Recovery Coaches. Beginning in October, we will conduct classes at both our Eastside and Westside locations.

This partnership is the first of its kind in our area to combat co-occurring illnesses. As this



industry becomes more holistic in its approach to recovery, we have found that a large number of those caught in the web of addiction also suffer from mental and emotional illness.

Our goal is to treat co-occurring issues at the same time in order to reach sustained sobriety. We are able to have great success because we've built our entire foundation on peer coaching. The age-old adage: "It takes one to know one" rings true at DRP where we recruit and train those who have conquered addiction and are able to show the way to others with the highest ethics, compassion and discipline.

Recovery Is A Global Issue

Our brand of recovery not only enriches lives in America, it has reached the shores of East Africa where DRP has seeded a growing recovery community that has fully embraced the notion of sobriety.

For nearly a decade, DRP has partnered and supported Recovery Homes for men in Zanzibar and Tanzania, which provide a safe place after the storm of addiction. While African health officials provide no official estimates on the number of citizens using intravenous drugs, World Health Organization (WHO) projects that number to be around 10% of the population, or 25,000-40,000 people.

We are endeavoring to infuse hope to a nation that once shunned those addicted to drugs and alcohol because of religious culture. They now recognize addiction as an illness and are more willing to obtain help for their sons and daughters.

According to the WHO, Tanzania is the first mainland sub-Saharan country to launch a national methadone program in the battle against the twin epidemics of heroin addiction and HIV infection. Our international perspective and collective approach to recovery is best summarized by the acronym:

Help
Other
People
Everyone

Anneshia Freeman Joins DRP as Clinical Support Director

Please join us in welcoming our new Clinical Support Director, Anneshia Freeman! Ms. Freeman is a highly-rated motivational speaker and trainer for various sectors of the human service industry.

Ms. Freeman is a Certified Alcohol and Drug Counselor (CADC-M) and holds an Bachelor's degree in Business from Davenport University, a Master's degree in Business Administration from Cornerstone University, and a Master's degree of Social Work from Grand Valley State University. She is the creator and Director of a copyrighted and trademarked cognitive restructuring and resocialization program entitled, "The Lies That Bind – The Legacy of the Locks®," also known as "The Lies That Bind®."



Ms. Freeman joins DRP from Arbor Circle Corporation where she trained nine MSW therapists in her program methodology. The methodology was piloted within the Mission Inn program for five years.

A published author, Ms. Freeman was also a columnist for The Grand Rapids Times, and in 2012 established her own consulting firm known as Anneshia Freeman and Associates Consulting Services, LLC. DRP now partners with Ms. Freeman, a renowned human service professional.

Engage: A story of success as told by Robert Shakhan

“A young man addicted to Opioids went to the ER because he was tired of getting high. We convinced him to go to treatment. He was going to SHAR House that evening.

“As we spoke to him outside in the circular drive of the hospital, other people approached us as they overheard our conversation. They began to share their stories of addiction recovery.

“It turned into a big meeting right there on the sidewalk. I realized then how impactful Engage is. The impact of this program is totally awesome!”

Detroit-based Self-Help Addiction Rehabilitation, Inc., (SHAR) was founded in 1969 by a priest and two recovering individuals. It now serves 6,000 people a year and is a federally recognized 501(c) 3 and licensed by the state of Michigan.

The Cavalry Is Here!

Engage Program Services Area Hospitals

Picture an angst-laden hospital emergency room filled with those who seek medical attention and those who anxiously await the doctor’s report on the condition of a loved one. All of a sudden the automatic doors open to paramedics wheeling in a person on a stretcher who is later found to be suffering from a drug overdose.

Hospital personnel call the patient’s nearest relatives, and then they call DRP and Hegira Programs, Inc. of Livonia, MI. The two behavioral health powerhouses have partnered to provide addiction recovery services to hospitals in Detroit, Southfield, and West Bloomfield.

“Hegira brought the idea and DRP brought the experience,” says Dr. Brandi Pritchett-Johnson, a Project Manager at DRP. Performing under the banner of Engage, the partnership dispatches Recovery Coaches to area hospitals to advise patients on treatment programs and provides immediate transport to the facility of choice. Robert Shakhan, Engage’s Lead Recovery Coach, says, “The hospitals could just give patients a toll-free number, but they call us because we

have a warmer spirit. We’ve been there; we have empathy.”

Recovery Coaches are on call 18 hours a day. They travel in custom-wrapped vans that bare messages of recovery. Unveiled this spring, the vans are purposefully decorated to inspire sobriety and hope.



DRP’s custom-wrapped van will transport ER patients to treatment facilities

“When they see the vans, they know help is on the way,” says Mr. Shakhan who has 28 years clean. His team of Recovery Coaches has a cumulative 100 years of sober experience, passion and understanding.

Peer Recovery Creates a Niche Job Market

DRP's Recovery Training Institute (RTI) was recently awarded a grant to support the growing recovery workforce. Under this one-year program, up to 150 individuals who were once addicted to drugs will become certified Peer Recovery Mentors.

Since the program's inception, DRP and other partnering agencies have hired 10 program graduates. These professionals are credentialed by state authorities and as such are qualified to work at any accredited recovery agency in Michigan.

Every mentor is required to have a minimum of one year of sobriety, possess a High School Diploma, or GED, and pass a background check. The intense, three-phase program includes 80 hours of in-class training, 25 hours of practical training, and 500 hours of internship experience.

"It's dynamic, rich and organic in that it meets the needs of the community in real time," says Dr. Brandi Pritchett-Johnson, RTI's Administrator/Project Manager. She further explains: "We vet people to make sure they're committed and require them to sign an Honor pledge in addition to Ethics and Recipients Rights statements."

As a psychologist, Dr. Pritchett-Johnson understands the positive effects that education and employment have on the life of those who society has marginalized. She says during the course of training, students discover their passion for giving back to the community they once took for granted.



DRP Says Goodbye to Virdell Thomas

DRP wishes a happy retirement to Virdell Thomas! Ms. Thomas served as Clinical Director at Detroit Recovery Project from 2011-2017. DRP owes a debt of gratitude to Ms. Thomas for her dedication to our recovery coaches, clients, and staff.

Her list of accomplishments is only surpassed by her drive to help clients reframe their lives. Mrs. Thomas earned her Bachelors Degree in Social Work from Wayne State University in 1988. She received her Master's degree in Social Work with area of specialization in Administration and Community Organization along with a certificate in Developmental Disabilities from Wayne State University in 1989.

While pursuing her studies, Ms. Thomas worked as a research assistant at the Wayne State University Developmental Disabilities Institute, conducting quality of life and community integration interviews for persons with developmental disabilities. She also conducted interviews for persons with mental health disorders who were seeking independent living housing.

Ms. Thomas will be greatly missed – join us in wishing her well!

DRP, Everest Team Up to Step Up



Talisa McKissic, Community Relations Liason for Everest Institute

Beginning August 2017, DRP will provide transportation services to Everest Institute in Southfield, MI. The benefits of this innovative program are two fold: it meets the transportation barriers of the school's commuter customer base and provides linkage for DRP's clients to pursue their GED and other training opportunities.

“We are trying to continually infuse hope...”

The partnership between DRP and Everest signifies a growing awareness of the symbiotic relationship between employment and a healthy society. Studies show as the spending power of an employed person increases, the economy moves in a positive direction.

“We are trying to continually infuse hope,” says DRP CEO Andre Johnson. “A lot of people are unaware of the resources available to them and we want to help bring it to the forefront.”

The transportation program will service Everest students from pickup/drop-off points in Detroit, Monday – Friday, 8 a.m. – 6 p.m. Locations will be determined.

The DRP-Everest collaborative offers students and drivers, alike, the support to change their futures and their lives. As Mr. Johnson says, “the call to action is now.”

A flyer for National Recovery Month 2017. On the left, a vertical purple bar reads "RECOVERY MONTH EVENTS". The main content is on a dark background with white and yellow text. It lists four events: "Prayer Breakfast" on Tuesday, September 12 (10:00AM - 12:00PM); "Poetry & Karaoke" on Friday, September 15 (5:00 - 8:00PM); "Town Hall Meeting" on Tuesday, September 19 (6:30PM) with the subtitle "Families Against Narcotics"; and "Women's Conference" on Wednesday, September 20 (9:00AM - 1:00PM). To the right, a colorful graphic features a city skyline and the text "National Recovery Month" in a stylized font, with the tagline "Prevention Works • Treatment is Effective • People Recover" and "SEPTEMBER 2017". Further right, a yellow box says "JOIN THE VOICES FOR RECOVERY" and "STRENGTHEN FAMILIES AND COMMUNITIES". At the bottom, a black box provides contact information for the Detroit Recovery Project at the Westside Health & Wellness Recovery Resource Center, 1145 W. Grand Blvd., Detroit, MI 48208. It includes the phone number "RSVP: 313.365.3106 or rlang@recovery4detroit.com" and logos for SAMHSA and DWMHA.

Women's Leadership Series Lights the Way

Catch it August 24th and September 20th



From Left to right: Joy Calloway, CEO of New Center Community Mental Health Services; Dr. Michele Reid; Dr. Carmen McIntyre; Dr. Terry Wynn; and Michigan State Representative Alberta Tinsley-Talabi.



Detroit Recording Artist Kendrick Jackson serenades Women's Conference attendees

DRP's Annual Women's Conference has expanded to include workshops and programming conducted over a four-month period, giving women greater access to resources. Now called the Women's Leadership Series, activities are presented through a sequence of half-day meetings.

Upcoming sessions are slated for August 24th and September 20th; the first series were held in June and July. The well-attended events have attracted women from all vocations and stations of life.

Each conference features dynamic speakers, workshops, vendors and networking. Sponsored by Detroit Wayne Mental Health Authority, the events are held at DRP's Westside Health & Wellness Recovery Resource Center, 1145 West Grand Boulevard. For more information, contact Rachel Lang at (313) 365-3106 or at rlang@recovery4detroit.com.



DRP Recovery Coach Andria Walker participating in Yoga with Julie Stulberg of Belightful Yoga



DRP Group Brings the Serenity Spa Wash to the Car Wash Business

Serenity Spa Wash officially opened this summer and what a splash it was! Detroiters came out in full force to support a new neighborhood business that makes staying clean a community event.

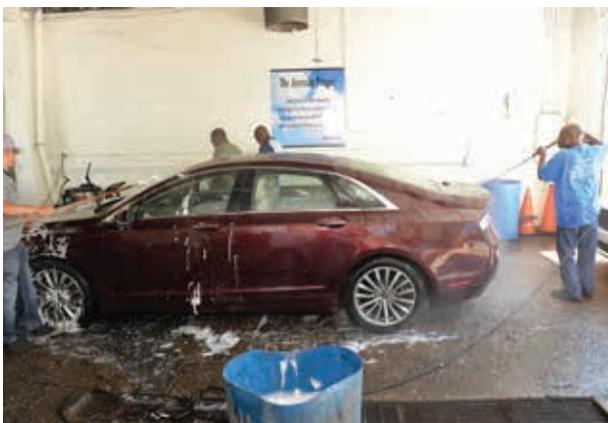
Located at 2251 Puritan Ave, Detroit, MI 48238, this full-service car wash is an extension of DRP and operated by men and women in recovery.

Services include:

Love – In and out \$10, SUV/Truck\$15

Hope – Exterior \$5, Tires \$2

Serenity – Full Detail \$45 (Interior, Exterior, Carpet Shampoo)



DRP CEO Andre Johnson discusses the impact of Serenity Spa Wash with Detroit Wayne Mental Health Authority Board Member, Bernard Parker, alongside Corporate Attorney Zanita Clipper and DRP's Executive Vice President Dr. Calvin Trent.

Serenity Spa Wash
2251 Puritan Ave
Detroit, MI 48238

Hours

Mon-Sat. 9:00 a.m. - 6:00 p.m.

Sundays 9:00a.m. -5:00 p.m.

Phone number: (313) 715-1175

Office Locations:

Eastside Health & Wellness Recovery Resource Center

1121 East McNichols Rd. Detroit, MI 48203
(313) 365-3100 (phone)
(313) 365-3101 (fax)

Westside Health & Wellness Recovery Resource Center

1145 West Grand Blvd Rd. Detroit, MI 48208
(313) 324-8900 (phone)
(313) 324-8701 (fax)

Recovery Housing:

Bray Home for Recovering Men
400 Courtland
Highland, MI 48203
313-365-3100

Trent Home for Recovering Men
1163 / 1165 West Grand Blvd
Detroit, MI 48208
313-365-3100

Detroit Recovery Project Inc.
1121 E. McNichols Rd.
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